

KEYNOTE ADDRESSES

RAYMOND GOLARZ

Language of the Heart

Thursday, April 15, 9:00 a.m.

During his decades-long tenure in the fields of prevention, intervention, child welfare, and all levels of education; his in-depth work with law enforcement professionals; and his on-going commitment to his role as a parent, Dr. Ray Golarz has honed the craft of story and the art of humor. As a storyteller par excellence, Dr. Golarz will illustrate what he considers some of the powerful consequences that can result from



the use of practices that emanate from the heart and focus upon the affective domain. His stories suggest that this is a language we each have the capacity to speak and the language that many of us are longing to hear. Dr. Golarz believes that this affective domain focus in our prevention and early intervention work with youth can result in new practices that may help to heal the holes in our own soul as well as provide healing for those we serve. After hearing his presentation, it will come as no surprise that Dr. Golarz was awarded, by the National Native American School Boards, the White Buffalo Blanket.

Raymond Golarz, EdD, has served as a primary teacher, a secondary teacher, and a college professor at St. Joseph's College, Purdue University Calumet, and City University in Seattle. Dr. Golarz has been an assistant superintendent and a superintendent of public instruction. He has served as the director of Child Welfare Service, supervising and coordinating the work of social workers, nurses, and delinquency prevention and drug prevention personnel. He directed the general relief agency responsible for crisis intervention efforts to poverty households and the children of poverty. For nearly a decade he taught law enforcement personnel near Chicago. He has served as president of the Indiana Chapter for the Prevention of Child Abuse, where he received the Friend of the Child Award. Dr. Golarz has authored many articles and produced video tape presentations, as well as co-authored in 1995, with his wife Marion, The Power of Participation. Dr. Golarz has keynoted in every large Canadian province and virtually every state in the United States.

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NANCY WILLARD

Predators! Cyberbullies! Sexting! Oh My! Effectively Addressing Youth Risk Online

Thursday, April 15, 10:30 a.m.

This presentation will provide research-based insight into the risks young people face online, including risky sexual and relationship concerns, electronic aggression, online threats, unsafe online communities that encourage self-harm, dangerous online groups, unsafe postings and interactions, and addictive access. With limited research and no evidence-based best practices, the probable effect of online technologies on behavior, risk factors, and protective factors will be addressed.

To address these concerns will require a shift in "paradigm." Adults are "immigrants" in this online world; young people will reject guidance by adults who pretend to be "authorities." Responding to these challenges will require a multidisciplinary effort involving mental health, education, and law enforcement. Innovative approaches grounded in effective risk prevention must be implemented under conditions that support accountability and adaptability. The online environment itself offers an incredible opportunity to reach those young people at higher risk. The National Research Council's Youth, Pornography and the Internet endorsed the views of Nancy Willard — that simple reliance on policy and technology tools is inadequate and that the focus must be on educational strategies to prepare young people to make safe and responsible choices when using the Internet.

Bring a Tech Professional with You!

Because young people are now spending hours each day online and on their cell phone, Nancy Willard will continue the topic of online safety in two workshops (see pages 5 and 6). She strongly recommends that all safe school specialists bring with them to the conference at least one educational technical professional.

Nancy Willard, MS, JD, is the director of the Center for Safe and Responsible Internet Use. With degrees in special education and law, she has taught at-risk children and practiced computer law. She was an educational technology consultant before focusing on issues of youth risk online and effective management of student Internet use. Nancy is author of Cyberbullying and Cyberthreats: Responding to the Challenge of Online Social Cruelty,



Threats, and Distress (Research Press) and Cyber-Safe Kids, Cyber-Savvy Teens, Helping Young People Use the Internet Safely and Responsibly (Jossey Bass). Nancy's main focus is on applying research insight into youth risk and effective research-based risk prevention approaches to the new concern of youth risk online.

CONFERENCE AGENDA

WEDNESDAY, APRIL 14, 2010

1:00–7:00 p.m. Coordinated School Health Pilot Schools

Meeting

2:00-5:00 p.m. 21st Century Community Learning Center

Directors Meeting

4:00-8:30 p.m. Evening Registration (Continental Room),

Sun Valley Inn

6:00-8:00 p.m. Safe & Drug-Free Schools Coordinators

Meeting

6:00–9:00 p.m. Community Coalitions of Idaho Meeting

WEDNESDAY MEETINGS

Coordinated School Health Pilot Schools

This meeting for the nine Idaho pilot schools/districts participating in the Coordinated School Health Program is for networking and sharing successes as they implement action plans to address health issues of their students. CSH teams have focused efforts within the components of health education, physical education, health services, nutrition services, counseling and psychological services, healthy school environment, staff wellness, and parent-community involvement. State Department of Education staff will provide professional development to support the work of these teams including updates on the health and PE standards that will be adopted for fall 2010. If you have any questions, please contact Patricia Stewart at (208) 332-6962.

21st Century Community Learning Center (21st CCLC) Directors

All 21st CCLC directors in attendance at the Idaho Prevention Conference are expected to participate in this meeting hosted by the Idaho State Department of Education. The agenda will include a federal funding forecast, a statewide program data review, changes to data collection requirements, and new program priorities, initiatives, national trainings, and support. If you have any questions, please contact Camille McCashland at (208) 332-6960.

Safe & Drug-Free Schools (SDFS) Coordinators

SDFS coordinators in attendance at the Idaho State Prevention Conference are expected to participate in this meeting hosted by the Idaho State Department of Education. The agenda will include federal and state funding forecasts for SDFS, changes to the SDFS evaluation and application process, the timeline for upcoming grant writing workshops, new program priorities, initiatives, support, and training. If you have any questions, please contact Camille McCashland at (208) 332-6960.

Community Coalitions of Idaho

All community coalition members are invited to attend this interactive workshop that will focus on working together for change: collaboration, objectives, and programs of coalitions throughout the state of Idaho. If you have any questions, contact Karen DesAulniers at (208) 344-8780 or Terry Pappin at (208) 334-6542.

THURSDAY, APRIL 15, 2010

7:00 a.m. Registration (Continental Room),

Sun Valley Inn

Morning beverage and snack

8:15 a.m. Welcome with Bethany Gadzinski and

Matt McCarter

Opening with Suze Rutherford

9:00 a.m. Keynote Address: Raymond Golarz

Language of the Heart

10:00 a.m. Break

10:30 a.m. Keynote Address: Nancy Willard

Predators! Cyberbullies! Sexting! Oh My! Effectively Addressing Youth Risk Online

11:30 a.m. Lunch Provided

1:00 p.m. Workshops

2:30 p.m. Break

3:00 p.m. Workshops

4:30 p.m. Dinner on your own

7:30 p.m. Drum Jam and Dance, hosted by Matt McCarter

with Ben & Rachel Pursley

FRIDAY, APRIL 16, 2010

7:00 a.m. Morning beverage and snack

8:00 a.m. Workshops

9:30 a.m. Break

10:00 a.m. Workshops

11:30 a.m. Lunch Provided

12:00 noon Lodging Checkout

1:00 p.m. Workshops

2:30 p.m. Break

3:00 p.m. Plenary Session

State Representative Richard Wills will offer an update on current state issues.

Matt McCarter, Safe & Drug-Free Schools coordinator, and Debbie Field, director of the Office of Drug Policy, will present the status of the Idaho Strategic Prevention Plan.

Statewide awards will be presented.

Door prizes will be awarded including 2011 conference registrations, Sun Valley packages, a framed photograph by Chris McNaught, plus more. You must be present to win.

4:30 p.m. Have a safe journey home.

In the event of illness or other emergency, International Training Associates reserves the right to make last-minute substitutions of workshop presenters and/or topics listed.

WORKSHOPS AT A GLANCE THURSDAY, APRIL 15						
3:00-4:30 p.m.	Coming Together to Address Internet Safety	Domestic Violence A Clinical Perspective	Helping Students in Grades 3 through 8 Make Amends and Extend Forgiveness	Teens, Trends, and Prevention: It <i>Can</i> Be Done!	Girls' Respect Groups: A Unique Afterschool Program	
		FRIDA	AY, APRIL 16			
8:00 – 9:30 a.m.	Digital Settlers and Digital Immigrants Working with Digital Natives	Creating Educational Breakthroughs with the Most Challenging Children	Service-Learning: Integrating Classroom and Community	How Resilience Is Lost and How to Foster It: When Attachments Are Impaired	School Security: Prevention	
10:00–11:30 a.m.	Can Teaching Good Manners Make a School Safer and More Effective?	Managing Sudden Death in a School Setting	A Coordinated Approach to School Health: Success Stories from the Field	The Bully Syndrome: A New Look at a Contemporary Malaise	School Security: Defensive Action	
1:00-2:30 p.m.	Building Trust in Tribal Communities: Supports for a Culturally Responsive Program	The A to Z of Collaboration Between Schools and Courts	Getting Started with School-Wide Positive Behavior Support	How to Restore a Healthy Balance in Adult-Child Relationships	School Security: Response Plan	

REGISTRATION INFORMATION

Accommodations: Sun Valley has enough space to accommodate all conference participants. More information about Sun Valley housing, including room rates, can be found on page 10.

Registration Fees and Payment Information: See the Registration Form on the back cover for details.

Registration Packet: You will receive a packet upon registration at the conference.

Academic Credit: One unit of Boise State University Continuing Education credit is available. Please inquire at Conference Registration when you arrive.

Cancellation Policy: Those who cancel their conference registration *in writing* at least thirty (30) days prior to April 15, 2010, will receive a registration fee refund minus a \$50 processing fee. Those who cancel less than 30 days before April 15, 2010, will forfeit the entire conference registration fee.

Substitution Policy: Requests for a substitution must be submitted *in writing*. A request for substitution received prior to March 19, 2010, is allowed without penalty. A request for substitution received after March 19, 2010, will be charged a \$50 processing fee.

Students: This conference is designed for an adult audience. Students attending must pay the full conference rate; there is no student rate or discount.

Bringing Children to the Conference: In consideration of conference attendees, we request that if you choose to bring infants and/or children to the conference, do not bring them to keynote addresses and/or conference workshops. Please make your own child care arrangements for the times you are in session.

Parking and Transportation: Sun Valley is a complete walking village where automobiles are unnecessary. If you bring a car, parking is free. Complimentary bus service is available between the condominium units and the village. Ketchum Area Rapid Transit (KART) provides free transportation throughout the Wood River Valley, including continuous round-trips from the Village to both Dollar and Bald mountains. Rental cars are available. Cars rented from Avis, Hertz, and Budget may be picked up and dropped off at Friedman Memorial Airport. Cars rented from U-Save, Thrifty, and Practical can be picked up and dropped off at Sun Valley.

Questions? Contact Margaret Janes at International Training Associates, (800) 624-1120, maggi-inta@comcast.net.

Note: The promoters and sponsors of this conference assume no responsibility for the comments expressed by the speakers or presenters, nor do they accept responsibility for the content or reprinting of any materials used or handed out during the meetings. Experiential learning situations are for training purposes only. They are not intended to be therapeutic or a part of any ongoing therapy process.

WORKSHOPS

THURSDAY, APRIL 15

Cyberbullying: Responding to the Challenge

Nancy Willard

Thursday, April 15, 1:00-2:30 p.m.

Harmful altercations between students facilitated through the use of digital media — the Internet and cell phones — are impacting the well-being of young people and damaging the school climate. Whether occurring on or off campus, many times there is a damaging impact at school. This presentation will provide research insight into the phenomenon, address legal parameters regarding the authority of schools to respond to off-campus incidents, and the responsibility to respond to situations that have caused a hostile environment at school. Included will be recommendations on approaches to investigate and intervene, and guidance on a comprehensive approach to prevent and respond to the concern.

See Nancy Willard's bio on page 2.

Introduction to the Gay, Lesbian, Bisexual, and Transgender (GLBT) Community

Charles Diviney

Thursday, April 15, 1:00-2:30 p.m.

This presentation will provide information about sexuality, including the continuum of support and care from Dr. Dorothy Riddle and the continuum of sexuality theorized by Dr. Alfred Kinsey. The discussion will focus on the dynamics of same-sex relationships and domestic violence in same-sex relationships, along with statistics, challenges, and community resources.

Charles Diviney, MC, LPC, NCC, CCMHC, has been working in the field of social services for sixteen years and in the field of mental health counseling for the past ten years. As owner and director of his own private practice, CLD3 Counseling, he specializes in domestic violence, protective orders, sexual abuse, sexuality, diagnostics and assessment,



career and educational counseling, worker safety, couple's counseling, life development, grief/bereavement, and HIV support. He has developed substance abuse and domestic violence programs in the Salt Lake County Jail. Charles was named Counseling Practitioner of the Year in 2004 and was awarded the Outstanding Research and Presentation in Mental Health Counseling award in 2005.

The Idaho State Prevention Conference is designed to provide a dynamic, thought-provoking conference for a diverse audience involved in prevention issues for youth — a place where people come together to be re-inspired, to challenge old paradigms, to rejuvenate, and to explore new and creative tools they can use in the field.

A Transformative Approach to Anti-Bullying and Conflict Resolution for Students Pre-K through Grade 3

Elizabeth Saul

Thursday, April 15, 1:00-2:30 p.m.

This workshop is designed for teachers, counselors, administrators and afterschool supervisors who want to address the developmental needs of pre-K through grade 3 students in the areas of anti-bullying, conflict resolution, and respectful classroom behavior. Elizabeth will present this workshop in four engaging parts: The Bridge, Crossing the Bridge, Working with Little Bullies, and Beyond the Bridge.

Elizabeth Saul, MA, has been a kindergarten teacher for eight years and an administrator handling all K-8 discipline for two more. With a specialization in educational and cognitive psychology and learning modalities, Elizabeth brings a fresh perspective to the challenges and opportunities involved in classroom management, conflict resolution, bullying, and character education.



Afterschool Conversation Café

Idaho State Department of Education 21st Century Community Learning Center Staff and Afterschool Stakeholders

Thursday, April 15, 1:00-2:30 p.m.

This workshop will focus on innovative strategies and best practices in out-of-schooltime programs. The format will consist of structured networking and facilitated discussion around the latest research in the field, redirecting misbehavior, parent and community involvement, staff retention and development, and other topics informed by workshop participants.

Why Bullying Is Still a Problem

Lorna Blumen

Thursday, April 15, 1:00-2:30 p.m.

Despite thousands of prevention programs, why is bullying still on the rise? What can adults do? This workshop will focus on the factors that encourage the insidious growth of bullying and our incremental acceptance of it as the new norm in our homes, schools, and communities. We'll examine the escalating levels of everyday rudeness, reality



shows that demean and humiliate, and the unwitting role that adults play in enabling and teaching kids to bully. We'll discuss why any solution to bullying must address all three roles (the bully, the target, and the bystander).

Lorna Blumen, an educational consultant based in Toronto, specializing in bullying prevention. She is co-developer of Girls' Respect Groups, an afterschool program for girls, and co-author of *Girls' Respect Groups: An Innovative Program to Empower Young Women & Build Self-Esteem!*

Coming Together to Address Internet Safety

Nancy Willard

Thursday, April 15, 3:00-4:30 p.m.

The 2008 Broadband Act has added the new requirement to the Children's Internet Protection Act that schools must provide Internet safety education. In many schools technology personnel are now trying to figure out how to implement this new requirement. Unfortunately, much of the current "Internet safety curriculum" is reflective of *Reefer Madness* and Just Say "No" risk prevention efforts: the authoritarian delivery of inaccurate fear-based information imparting simplistic rules against normative online behavior. An additional concern is the advisability of having educational technology staff impart lessons on risky online sexual behavior, bullying and aggression, unsafe communities, gang prevention, and the like. This issue requires a multidisciplinary approach involving educational technology staff, librarians, health educators, counselors, and school resource officers. This presentation will provide recommendations on how to proceed.

See Nancy Willard's bio on page 2.

Domestic Violence: A Clinical Perspective

Charles Diviney

Thursday, April 15, 3:00-4:30 p.m.

This presentation will highlight the clinical aspects of domestic violence. The focus will be on perpetrator typologies, treatment with victims and children, therapeutic relationships with clients referred for domestic violence, and treatment guidelines.

See Charles Diviney's bio on page 5.

Helping Students in Grades 3 through 8 Make Amends and Extend Forgiveness

Elizabeth Saul

Thursday, April 15, 3:00-4:30 p.m.

Many conflict resolution programs consider a sincere apology the end of a conflict, yet the conflicts often recur because deeper healing work for both the aggressor and the victim has not been completed. As educators we need to establish a process that allows students the restorative experience of making amends and forgiving, yet we feel unprepared for the task. In this session Elizabeth will present the four stages of a successfully managed conflict event. Participants will examine their role as facilitator and receive tools for organizing our students' experiences.

See Elizabeth Saul's bio on page 5.

Teens, Trends, and Prevention: It Can Be Done!

Regina H. Birrenkott

Thursday, April 15, 3:00-4:30 p.m.

The "work in progress" adolescent brain makes teens particularly vulnerable to substance abuse. This workshop will equip participants with the knowledge, skills, and strategies necessary to challenge social norms and teach essential prevention skills to atrisk teens. The characteristics of adolescent development will be identified with a focus on the latest brain research. Practical and

purposeful ways to apply prevention strategies to this important target group will be demonstrated.

Regina H. Birrenkott, MEd, CPP, is the senior director of prevention programs for the Mendez Foundation, which employs and delivers the "Too Good for Drugs, K-8" and "Too Good for Drugs & Violence, High School" programs to approximately 650 students per week in each middle school and high school throughout the Hillsborough



County Public School District. Regina has been a teacher, trainer, and curriculum developer in the prevention and wellness fields for over twenty-five years. She is listed in the "Who's Who in Prevention" and has presented at varied conferences nationwide.

Girls' Respect Groups: A Unique Afterschool Program

Lorna Blumen

Thursday, April 15, 3:00-4:30 p.m.

How do we keep girls, whose self-respect is under attack from all sides, grounded in respect? Girls' Respect Groups (GRG) is a unique afterschool program for preteen girls that is led by high school girls. Working together the girls learn to make choices based on self-confidence and self-respect. Participants in this workshop will learn how to train teenage girls to be inspiring leaders and bring GRG to their school and community.

See Lorna Blumen's bio on page 5.

FRIDAY, APRIL 16, 2010

Digital Settlers and Digital Immigrants Working with Digital Natives

Hilda Graham

Friday, April 16, 8:00-9:30 a.m.

Digital natives were born into an online world. Digital settlers grew up in an analog-only world but manage popular technology on a sophisticated level. Digital immigrants are happy to simply use e-mail! As educators, we must face the challenge of teaching youth about the influences, benefits, and consequences of using information-sharing technology. We must avoid misinterpreting the impact of technology on young people for the wired world is intimately theirs. This session will examine the common traits of digital natives and then model a collaborative conversation with students that will help all of us construct the role and influence of information-sharing technologies on the world. The challenge of teaching cyberbullying will be included.

Hilda Clarice Graham is a program developer, training specialist, author, and consultant for the National School Safety Center. She has written numerous books, articles, and training designs about bullying, hatebias crimes, cyberbullying, school safety, and team building. She serves as a consultant trainer on the topic of bullying preven-



tion for the California Department of Education, and has received congressional recognition for her work on bullying prevention.

Creating Educational Breakthroughs with the Most Challenging Children

Mary Evans

Friday, April 16, 8:00-9:30 a.m.

This presentation will address a new perspective on students with behavior challenges based on current "brain science" and present breakthroughs in the way we understand these most challenging children. Explained will be direct methods that address a problem before it escalates and tools that teachers, administrators, school



resource officers (SROs), and parents can use to deal with behavior issues. Mary will also share case examples based on her fifteen years of experience as an innovative school counselor. This new paradigm will create a more positive climate by decreasing negative behaviors (for example, drug use, truancy, and bullying). Attendees will leave this presentation with a new perspective on problem behavior and proven strategies to decrease or eliminate this behavior.

Mary Evans, MSD, LCSW, is a licensed clinical social worker who has been a counselor with the Lewiston School District for fifteen years. She has a vast knowledge of Individual Education (IEP), 504, and behavior plans. She has been in private practice for ten years specializing in children, adolescents, and families with challenging behaviors and school difficulties. Mary is co-author (with Bryan Post) of the upcoming book *Bringing Brain Science into the Classroom*.

Service-Learning: Integrating Classroom and Community

Caile Spear and Sherri Faust

Friday, April 16, 8:00-9:30 a.m.

Service-learning is a teaching and learning strategy that integrates meaningful community service with instruction to enrich the learning experience, teach civic responsibility, and strengthen communities. This session will give practical examples in both the classroom and afterschool setting to help reduce the achievement gap, engage students, and reduce risk behaviors.



Caile Spear, PhD, has been using service-learning (SL) since 1997. She presents on service-learning nationally and internationally, has written several SL publications, serves on the Boise State SL Advisory Board, and served as the Boise State SL Faculty Liaison from 2006 to 2008.

Sherri Faust is the director of 21st Century Community Learning Center's Parma Learning Center. She has more than thirty years of experience in counseling, workbased learning, service-learning, and student services.



How Resilience Is Lost and How to Foster It: What Happens When Attachments Are Impaired

Gabor Maté

Friday, April 16, 8:00-9:30 a.m.

This presentation will outline the mental health implications of early childhood emotional loss, whether due to abuse in the family or stress on the parents, and the subsequent loss of attunement with the child. Childhood developmental disorders (for example, ADHD, ODD, and other mental health problems such as addictions, anxiety,



depression, and personality disorders) can all be traced to either negative childhood experiences or the absence of sufficiently positive ones. The impact of the environment on brain development will be discussed, along with ways to recognize and help heal the negative consequences of early loss.

Gabor Maté, MD, is a physician, author, seminar leader, and public speaker. His four books are all Canadian bestsellers: *In the Realm of Hungry Ghosts: Close Encounters with Addiction; When the Body Says No: Understanding the Stress-Disease Connection; Scattered Minds: A New Look at the Origins and Healing of Attention Deficit Disorder;* and *Hold On to Your Kids: Why Parents Need to Matter More Than Peers.* He is also a former medical columnist for *The Vancouver Sun* and *The (Toronto) Globe and Mail.* For twenty years Dr. Maté had a family practice, and for seven years was medical coordinator of the Palliative Care Unit at Vancouver Hospital. He currently works as staff physician at a clinic in Vancouver's Downtown Eastside, where his patients are challenged by drug addiction, mental illness, and HIV.

School Security: Prevention

John Giduck

Friday, April 16, 8:00-9:30 a.m.

Learn what is necessary for our schools, school security, and police to prevent a terror attack against students. The focus will be on maximizing existing school and community resources.

John Giduck, BS, JD, MS, is a graduate of the Federal Bureau of Intelligence's Citizen's Academy and holds the highest level of expert certification in Homeland Security through the American College of Forensic Examiners International. He has trained state and federal law enforcement officers and agents throughout the United States. He currently devotes his professional time to the Archangel Group, providing antiterrorism consulting and training to U.S. law enforcement, government, and military agencies. John holds several black belts, is a multiple inductee into international martial arts halls of fame, and is a former U.S. national weightlifting champion. He is a lifetime member of the Special Operations Association, Rocky Mountain Tactical Team Association, Russian Special Forces Brotherhood of the Red Beret Association, and the British Professional Bodyguard Association. He is the author of Terror at Beslan: A Russian Tragedy with Lessons for America's Schools and co-author (with John Anderson) of The Green Beret in You: Living with Total Commitment to Family, Career, Sports, and Life.

Can Teaching Good Manners Make a School Safer and More Effective?

Hilda Graham

Friday, April 16, 10:00-11:30 a.m.

The answer is yes! The practice of good manners at all grade levels can help shape school–community relationships that reflect care, concern, personal responsibility, and positive regard for others. The practice can also help make schools and classrooms safe, comfortable, and welcoming places in which to work and learn. The teaching of manners is as important as any other academic skill. During this session you will examine how your own manners can influence your students; improve your understanding of the foundational social connections at your school that can help foster respectful behavior; examine good manners as a prevention strategy for bullying; and create an action plan for integrating the teaching of manners into your classroom program.

See Hilda Graham's bio on page 6.

Managing Sudden Death in a School Setting

John Landers and Kim Kane

Friday, April 16, 10:00-11:30 a.m.

This workshop will include the most recent Idaho suicide statistics and best practice responses for schools to address the sudden death (due to suicide or other causes) of a student or faculty member. An immediate response tool for schools created by Suicide Prevention Action Network (SPAN) of Idaho, the Idaho Council on Suicide Prevention, and the State Department of Education will be presented along with lessons learned in the field.

John Landers, MS, PhD, is currently the deputy hospital administrator for State Hospital South (SHS) in Blackfoot, Idaho. He also provides international training for the Department of Energy. Prior to working at SHS, Dr. Landers supervised the employee assistance program for the Idaho National Laboratory. He has also worked as a psychologist for the



Federal Bureau of Prisons as well as in community mental health settings in Idaho, Washington, and Oregon, providing crisis evaluations, case management, psychotherapy, and involuntary commitment services. Dr. Landers is trained in the QPR method (Question, Persuade, Refer) for suicide prevention and in the ASIST method (Applied Suicide Intervention Skills Training), a best-practice method for training gatekeepers regarding suicide prevention.



Kim Kane, MPA, is the Executive Director of the Suicide Prevention Action Network of Idaho (SPAN Idaho). She has spent most of her professional career in nonprofit organizations, including eleven years as an executive director, five years in suicide prevention, and fifteen years in the disabilities and mental illness field. As executive director of SPAN

Idaho, Kim is responsible for the implementation of many key components of the Idaho Suicide Prevention Plan. She acts as a liaison among national, state, and local suicide prevention organizations and individuals ensuring that best practices reach those working this field. Kim is also a member of the Idaho Council on Suicide Prevention; she chairs the Awareness Committee. Her recent initiatives under the Council include working with the Idaho Hospital Association to distribute best practices in suicide risk evaluation and triage for emergency departments throughout Idaho, and with the State Department of Education to develop and distribute best practices in school suicide postvention.

A Coordinated Approach to School Health: Success Stories from the Field

Patricia Stewart

Friday, April 16, 10:00-11:30 a.m.

The Coordinated School Health Program (within the Idaho Department of Education and the Idaho Department of Health and Welfare) has funded nine schools/districts to pilot Coordinated School Health. In this workshop participants will hear the exciting success stories as collaborative strategies have been implemented with school, com-



munity, and state agency partners to address the health issues facing Idaho youth. Pilot sites include Wilder, Emmett, Bruneau, Middleton, Caldwell, Meridian (Eagle High School), Moscow, Aberdeen, and Garden City Community Charter.

Patricia Stewart is the director of Coordinated School Health, Idaho Department of Education. Stories from the field will come from members of the Department of Education, the Department of Health and Welfare, the Coordinated School Health staff (Rebecca Lemmons, Rhonda DeMers, and Lisa Kramer), and the Coordinated School Health pilot sites.

The Bully Syndrome: A New Look at a Contemporary Malaise

Gabor Maté

Friday, April 16, 10:00-11:30 a.m.

Bullying is now recognized as a major problem in our society, blighting the lives of many children. It has also become a significant issue in the workplace and in personal relationships. Despite all the public concern, anti-bullying programs consistently fail. To effectively deal with bullying, the developmental and emotional dynamics of both bullies and chronic victims need to be seen not as simple behavioral problems but as the expression of human instincts that have become distorted. The answer is neither punishments nor rewards but compassionate understanding.

See Gabor Maté's bio on page 7.

School Security: Defensive Action

John Giduck

Friday, April 16, 10:00-11:30 a.m.

Learn what is necessary for our schools to defend against violent incidents. The course will present hard-hitting information on exactly what must be done to be prepared and to create a safe and secure school environment.

See John Giduck's bio on page 7.

Building Trust in Tribal Communities: Supports for a Culturally Responsive Prevention Program

Mary Jane Oatman-Wak Wak

Friday, April 16, 1:00-2:30 p.m.

"Save the Indian, Kill the Man." This motto once drove U.S. government education policy regarding American Indian communities in our nation. The intention of this workshop is to build understanding with teachers, superintendents, school board members, and afterschool coordinators on the interests, needs, and methods to heal and



renovate school practices that have been based on (mis)perceptions and (mis)understandings about American Indian communities. Relationship-building is the most important process to humanize. This workshop will create a space for cultural circles to acquire the skills and tools necessary for educators to examine their own beliefs about American Indian people especially related to social issues such as mental health, poverty, teen suicide, and drug/alcohol. The goal is to have participants walk away knowing how to demonstrate cultural respect, develop rapport, and build trust.

Mary Jane Oatman–Wak Wak was appointed as Idaho's first Indian education coordinator by Idaho's superintendent of public instruction. Since 2007 her role has been to serve as a liaison between Indian tribes and the state. She was previously an education specialist for the University of Idaho's Northwest Nations Education Opportunities Center. She has been involved in language preservation efforts and native language instruction, college transition skills, and teaching elders the basics of computer skills. During the 2009 National Indian Education Association (NIEA) convention, Mary Jane was elected to serve as NIEA president, representing American Indians, Native Hawaiians, and Alaska Natives at the nation level, where she will have the opportunity to provide testimony to Congressional and Senate Indian Affairs Committees on issues effecting native communities.

The A to Z of Collaboration Between Schools and Courts

Judge Bryan K. Murray and Judge F. Varin

Friday, April 16, 1:00-2:30 p.m.

A to Z: Attendance to Zombies. Truancy results in trouble for the truant and for the community. Collaboration between local school districts and local magistrate's judges will help the truant and the community. Several different methods can be used to assure truants don't become "zombies." This presentation will prepare local school districts to collaborate with their local magistrate court system to address truancy. A discussion of "truancy courts" and other programs and opportunities will be included.

Judge Bryan K. Murray, 6th Judicial District Magistrate, had a great childhood and believes every child should have the same opportunity. He graduated from Pocatello High School in 1974, Idaho State University in 1980, and University of Idaho Law School in 1982. Bryan has been assigned to juvenile court for sixteen



years. He is the judge who hears the child abuse and neglect cases for Bannock County and the mental health cases for the district. Because of his expertise in these areas, he serves on the following state committees: Idaho Child Protection Committee, Idaho Juvenile Offender System Committee, Idaho Juvenile Rules Committee, Safe and Drug-Free Schools Committee, and Juvenile Advisory Committee. The United States Government Department of Health and Human Services gave him the Commissioner's Award in 2001 for leadership and service in the prevention of child abuse. In 2003 he was awarded the Kramer Award for Excellence in Judicial Administration by the Idaho Supreme Court.

Judge F. Varin retired as a senior magistrate judge after twenty-two years of judicial experience as the Camas County Magistrate, the last thirteen years as a juvenile court judge serving five south-central Idaho counties. He served as the Camas County prosecuting attorney for twelve years and was in private practice until



his appointment to the bench in 1985. Since 1995 he has been the chair of the Idaho Supreme Court Juvenile Justice Advisory Team, composed of a judge doing juvenile work from each of Idaho's seven judicial districts. He is currently the chair of the Idaho Supreme Court Juvenile Rules Committee and chair of the state's Idaho Juvenile Justice Commission. Judge Varin retired in 2007 but continues to serve in his Senior Magistrate Judge capacity as the Juvenile Court Director for the Administrative Office of the Supreme Court. In 1996 he was awarded the Kramer Award for Excellence in Judicial Administration by the Idaho Supreme Court. In 2006 he was awarded the John Schuler Award by the Idaho Juvenile Justice Association for Outstanding Contribution in Juvenile Corrections.

Every choice we make
can be a celebration of the world we want.

— FRANCES MOORE LAPPÉ

Getting Started with School-Wide Positive Behavior Support

Deborah Carter

Friday, April 16, 1:00-2:30 p.m.

This workshop will address the features, practices, and systems necessary to implement a system of school-wide positive behavior support (PBS). Critical features for universal, targeted, and intensive supports will be shared as well as the general implementation process and the supports available for implementation in Idaho.

Deborah Carter, PhD, is an assistant professor in the College of Education at Boise State University. She has published one book chapter and five articles on positive behavior support. She is a co-investigator on a current state department research grant examining combined implementation of academic and behavioral response to intervention



Workshops continued on page 11

CONFERENCE HOUSING

Sun Valley has the space to accommodate all conference participants. Confirmed reservations require an advance deposit equal to one night's room rate plus tax (11 percent).

Send deposit (check or money order), along with the completed Sun Valley Housing Form (below) to:

Sun Valley Reservations Office P.O. Box 10 Sun Valley, ID 83353

Or telephone the Reservations Office at (800) 786-8259 to give a credit card deposit. A confirmation for room reservations will be forwarded upon receipt of deposit.

Make reservations early for the best selection! There are a limited number of double occupancy rooms available. If the accommodations you request are not available, you will be notified so you can make an alternate selection.

The block of rooms reserved for this conference will be held open only until March 1, 2010. After that date, reservations will be accepted on a space available basis; therefore, reservations before March 1, 2010, are advised.

Cancellations: Those who cancel their reservations at least thirty (30) days prior to their scheduled arrival will receive a deposit refund minus a \$25 processing fee. Those who cancel less than 30 days before arrival will forfeit their entire deposit.

Check-in: Rooms are available for check-in at 4 p.m.

Check-out: Check-out time has been extended to 12 noon.

SUN VALLEY ROOM RATES

Prices quoted are per room per night. Add 11 percent tax.

Sun Valley Lodge, Sun Valley Inn

Single or double occupancy (one bed) \$85 Double occupancy (two beds) \$95

Deluxe Lodge Apartments

Lodge Apartment Hotel Room\$85

Lodge Apartment Suite (up to 2 people)\$179

Two-bedroom (up to 4 people)\$245

Three bedroom (up to 6 people)\$335

Sun Valley Condominiums (Atelier, Snowcreek,

Cottonwood Meadows, Villagers I & II)

Studio (up to 2 people)\$109One-bedroom (up to 2 people)\$125Atelier two bedroom (up to 4 people)\$165Two-bedroom (up to 4 people)\$165Three-bedroom (up to 6 people)\$195Four bedroom (up to 8 people)\$215Extra person\$15

NOTE

These conference rates apply for three days prior and three days following the conference dates, making rooms available for those who may want to add some vacation days around the conference.

Additional Information: (800) 786-8259, www.sunvalley.com.

______ SUN VALLEY HOUSING FORM IDAHO STATE PREVENTION CONFERENCE APRIL 15-16, 2010 Fill in the blanks. Please print. Last Name First Name Work # (______) ____ Agency _____ Home # (_____) Street Address FAX # (_____) ____ City _____ State ____ Zip ____ Email Address _____ Fee Per Night _____ Choice of Room Type ____ ☐ Single room preferred **or** ☐ I will share this room with Arrival date _____ Departure date _____ Total number of nights _____ Total fee due \$ _____ Method of Payment ☐ Purchase Order enclosed (names of persons covered must be indicated on the Purchase Order) ☐ Check or Money Order enclosed ☐ Credit Card (circle one): American Express Discover Diners Club MasterCard Visa Credit Card # _____ Expiration Date ____ Signature _____ Mail this form — along with your purchase order, money order, check, or credit card information — to: Sun Valley Reservations, P.O. Box 10, Sun Valley, ID 83353

TAKAUNGA SEWING CLUB

Since 2007 the beautiful Idaho State Prevention Conference bags have been sewn by the Takaungu Sewing Self-Help Group. The group of Kenyan women began in a sewing class offered by the East African Center (EAC), a nonprofit organization that helps communities increase literacy for women and children, improve health status, and eradicate poverty. All of their development programs are community-driven, low-tech, and sustainable. Programs include comprehensive education for children and adults, business initiatives that build income-generating activities, and community heath care.



The sewing group has been able to grow and thrive on the financial boost of a growing number of orders, the business savvy of a Peace Corps volunteer, and the donation of vintage Singer treadle sewing machines to each graduate of the program. As the group grows larger and more proficient, and orders continue to come in, the women receive a larger share of the income and learn how to run their own business.

The Takaungu Sewing Group makes all kinds and sizes of bags, plus potholders, tablecloths, placemats, aprons, scarves, and children's clothing. All products reflect the culture of the East African coast in color, fabric, and design. A catalog can be downloaded from the INTA website:

http://trainingweal.org/html/international.htm

For more information or to submit an order, send an email to: kaptel7@gmail.com.





WORKSHOPS

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How to Restore a Healthy Balance in Adult-Child Relationships

Gabor Maté

Friday, April 16, 1:00-2:30 p.m.

Why are children stressed? Why are parents and teachers disempowered? Many children no longer look to adults for emotional support, the teaching of values, or the modeling of behavior. *Peer orientation* refers to the tendency of children and youth to look to their peers for direction: for their sense of right and wrong, codes of conduct, and their very identity. Children were never meant by nature to be in a position where they are so dominant in influencing one another. The result is the loss of parental authority and confidence, and the development of children in many unhealthy ways leading to precocious sexuality, addictions, aggression, and immaturity. This workshop aims at restoring parenting to its natural intuitive basis and the adult-child relationship to its rightful preeminence.

See Gabor Maté's bio on page 7.

School Security: A Response Plan

John Giduck

Friday, April 16, 1:00-2:30 p.m.

Based on the blueprint of terror attacks in other countries, learn what is necessary for our schools, school security, and police to most effectively respond to violent incidents in schools. The key elements of an emergency response plan will be discussed.

See John Giduck's bio on page 7.

Out of clutter, find simplicity.

From discord, find harmony.

In the middle of difficulty lies opportunity.

— ALBERT EINSTEIN

ABOUT INTERNATIONAL TRAINING ASSOCIATES

International Training Associates (INTA) serves as organizational and community catalysts, transforming apathy into action and inspiring advocates for positive change. As a 501(c)(3) nonprofit organization, INTA offers experiential training, speaker panels, hosted community conversations, and conferences. The goal is always to inspire community wellness, social justice, peace building, and productive collaborations. A full range of training, facilitation, consulting, and program development services is offered to schools, public agencies, and community-based organizations. For more information, go to www.TrainingWeal.org.

2010 IDAHO STATE PREVENTION CONFERENCE REGISTRATION FORM Fill in the blanks. Please print. ______Last Name _____ First Name ____ Your School or Agency _____ Your Mailing Address _____ _____ State _____ Zip _____ Phone # (_____) ____ **REGISTRATION FEE AND METHOD OF PAYMENT** Payment must accompany registration. PLEASE NOTE: Credit card payments will not be accepted for this conference. **Fee** ☐ Early Bird Registration, \$200 per person, postmarked by March 1, 2010 ☐ Late Registration, \$260 per person, effective March 2, 2010 ☐ Check or Money Order enclosed. Make check payable to INTA (International Training Associates). Method of **Payment** ☐ Purchase Order #_____ Direct invoice to _____ _____ City _____ Zip ____ Mailing Address _____ **WORKSHOP SESSIONS** Indicate your first ("1") and second ("2") choice for each time slot. Thursday, April 15, 1:00-2:30 p.m. Friday, April 16, 8:00-9:30 a.m. __ Cyberbullying: Responding to the Challenge Digital Settlers and Digital Immigrants Working with Digital Natives _ Introduction to the Gay, Lesbian, Bisexual, and Transgender (GLBT) Community ____ Creating Educational Breakthroughs with the Most Challenging Children _ A Transformative Approach to Anti-Bullying and Conflict Resolution for Pre-K through Grade 3 Service-Learning: Integrating Classroom and Community ____ Afterschool Conversation Café How Resilience Is Lost and How to Foster It _____ Why Bullying Is Still a Problem _____ School Security: Prevention Thursday, April 15, 3:00-4:30 p.m. Friday, April 16, 10:00-11:30 a.m. _____ Coming Together to Address Internet Safety ___ Can Teaching Good Manners Make a School Safer ___ Domestic Violence: A Clinical Perspective and More Effective? ____ Helping Students in Grades 3 through 8 Make _____ Managing Sudden Death in a School Setting Amends and Extend Forgiveness _____ A Coordinated Approach to School Health ____ Teens, Trends, and Prevention: It Can Be Done! ___ The Bully Syndrome: A New Look... __ Girls' Respect Groups School Security: Defensive Action Friday, April 16, 1:00-2:30 p.m. PLEASE REGISTER EARLY! _____ Building Trust in Tribal Communities Early registration helps assure ____ The A to Z of Collaboration Between Schools & Court your first choice of workshops. Getting Started with School-Wide Positive Behavior MAIL OR FAX THIS FORM TO: Support **International Training Associates** How to Restore a Healthy Balance in Adult-Child

Relationships

_ School Security: Response Plan

P.O. Box 12127, Santa Rosa, CA 95406 FAX (707) 542-3457 PHONE (800) 624-1120